

Online Auctions

- Before bidding in an auction, review the seller's feedback. Check to see what negative and positive feedback has been given.

- Don't buy from sellers who have very few feedback comments.

- Don't send a check or money order, use an online service like Paypal. This will protect you against unauthorized purchases and help get your money back if you never receive the item.



If you become a victim of Cyber-Bullying

If you are targeted by a cyber bully:

- **STOP!** Don't do anything, take a few minutes to calm down.
- **BLOCK!** Block the bully and limit all communication to those on your buddy list.
- **And Tell!** Tell a trusted adult, you don't have to face this alone.

Report cyber bullying to wiredsafety.org

Helpful Sites!

www.lookstoogoodtobetrue.com and
www.netsmartz.org

These websites have Safety Quizzes, Crime Alerts, Frequently Asked Questions, Safety Tips, and Much More!

Mission Statement

The Kern County Sheriff's Office is committed to work in partnership with our community to enhance the safety, security, and quality of life for the residents and visitors of Kern County through professional public safety services.



How to File a Report

You can file a report at the following sites:

www.fbi.gov

www.ic3.gov

www.ftc.gov (Identity Theft)

To contact the Kern County Sheriff's Office:

Emergency: **9-1-1**

Non-Emergency: **(661) 861-3110**

Non-Emergency Outlying Areas: **1-800-861-3110**

Sheriff's Report Desk (Bakersfield only): **(661) 391-7471**

www.kernsheriff.com

Text-A-Tip: KERNSHERIFF to 888777 WWW.NIXLE.COM

Internet Safety for Teens and Preteens



Empowering You for Life's Moments

This brochure is a publication of the
Kern County Sheriff's Office
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CYBER-Security made clear

There is no denying the fact that the Internet is a major part of our everyday life. But it can also be dangerous as it is full of online predators, obscene websites, cyber bullies, and online scams. Here are some things to know before going online

Phishing– Fake emails that want to “verify” personal information to steal personal or financial information.

Pharming– a scheme that sends you to fake websites to collect personal information and passwords.

Trojans– programs that look helpful but cause damage to your computer.

Spyware—malicious code that secretly watches what you do on your computer and send the information over the internet.

Virus- Self replicating programs that damage hard drives and affect normal operation on your computer.

Online Predators– Recognize the difference between cute and creepy. An older guy who wants to date someone much younger is just creepy.

5 Tips to Protect Yourself & Your Computer

1. Install Firewall, anti-spyware, and anti-virus software and update them often.
2. Don't open emails for someone you don't know, only download software from a trusted source
3. Guard your passwords—don't share with anyone and change them often.
4. Type in the website instead of clicking on a link.
5. Look for the yellow lock. If you see a locked yellow lock on the bottom of the screen you know your personal information is secure.



Online Relationships & Chat Rooms

Chat Rooms are a safe haven for sexual predators. They lurk on many different types of chat rooms targeting children and teens. Pedophiles manipulate their victims, taking advantage of teen and children's inexperience and delicate feelings. Never give out any personal information, such as your full name, address, and phone number.

- NEVER arrange to meet anyone you met online.

- AVOID TMI. Don't post anything too personal or embarrassing.

- BE SUSPICIOUS of anyone who tries to turn you against friends, teachers, or parents.

- NEVER respond to an email or instant message to new people online. They may not be who they are claiming to be.

- PROTECT YOUR SPACE. Use privacy settings and don't accept anyone you don't know in real life.

- An older guy or girl trying to date you is just creepy. Its not flattering; its illegal. Don't join in private chats or friend them.



Sexting—Just Don't Do it!

- Think about the consequences. You could be kicked off sports teams, humiliated, lose scholarships, and even face legal action.
- Never Take images of yourself that you wouldn't want everyone to see
- If you Forward a sexual picture of someone else without their consent you are violating their trust and exposing them to potential ridicule
- If anyone pressures you to send a sexual picture, don't give in. Talk to an adult. Remember that anyone who tries to get you to do something you are uncomfortable with is probably not trustworthy.

Cyber Bullying

Cyber Bullying is defined as when someone is repeatedly harassed, mistreated or makes fun of someone while using technology. If your being bullied:

- Block the Bully or report the post.
- DON'T BE MEAN. Gossiping doesn't make you cool.
- Ignore. Block. Tell. Ignore mean or threatening messages, block the sender, and tell a trusted adult who can help you report it.
- Speak Up. Don't be a bystander, tell your friends its not cool to cyber bully someone.

Plagiarism

- Buying/downloading papers and reports online will lead to consequences. Most academic institutions, especially colleges and universities, have high-tech software that is specifically designed to catch plagiarism. There are websites like turnitin.com that teachers and professors can use to help catch plagiarized material.



- Depending on the academic institution, you can be suspended, failed, or expelled for academic dishonesty—any many institutions will not accept students with academic dishonesty on their record.

Be Safe

Being safe on the Internet means:

Not anything personal online -not in online diaries or journals, not in blogs, not on websites, not in chat rooms or in instant messages, and not in “giveaway” prize websites or questionnaires.