

## Keep Important Family Documents Store Securely

- Keep copies of these listed items in a waterproof/ fireproof portable container:
- Passports and licenses
- Social Security Cards
- Health Insurance Cards
- Immunization Records
- Birth, Marriage, and Death Certificates
- Records of bank accounts
- Credit Cards
- Insurance Policies
- Wills, contracts, and deeds
- Record of stocks, bonds, or retirement accounts.

### PLANNING IS KEY

For many people, the most important goal is knowing that all family members are safe and secure. A second goal is having what you need to make it through the immediate disaster period. A third goal is often communicating with out-of-town family to ensure everyone's safety. Realistically, every family also has unique and separate goals to plan for in the case of an emergency. So discuss with your family what other ways you can plan for an emergency to meet your needs.

To contact the Kern County Sheriff's Office:

Emergency: **9-1-1**

Non-Emergency: **(661) 861-3110**

Non-Emergency Outlying Areas: **1-800-861-3110**

Sheriff's Report Desk (Bakersfield only): **(661) 391-7625**

## Mission Statement

*The Kern County Sheriff's Office is committed to work in partnership with our community to enhance the safety, security, and quality of life for the residents and visitors of Kern County through professional public safety services.*



For more information contact:

#### American Red Cross

[www.redcross.org](http://www.redcross.org)

1-202-303-4498

#### Federal Emergency Management Agency

[www.fema.gov](http://www.fema.gov)

1-800-480-2520

#### Office of Homeland Security

[www.ready.gov](http://www.ready.gov)

1-800-237-3239

#### Centers for Disease Control Prevention

[www.bt.cdc.gov](http://www.bt.cdc.gov)

1-888-246-2675

#### Emergency Protection Agency

[www.epa.gov](http://www.epa.gov)

1-800-424-93465

## EMERGENCY PREPAREDNESS



## PREPARING FOR EMERGENCIES AND DISASTERS

This brochure is a publication of the  
Kern County Sheriff's Office  
Crime Prevention Unit  
(661) 391-7559  
[crimeprevention@kernsheriff.com](mailto:crimeprevention@kernsheriff.com)

## Planning is Key

For most people, the most important goal is knowing that all family members are safe and secure. A second goal is having what you need to make it through the immediate disaster period. A third goal is often communicating with out-of-town family to ensure everyone's safety. Realistically, every family also has unique and separate goals to plan for in the case of an emergency. So discuss with your family what other ways you can plan for an emergency to meet your needs.

## Strategies and Tactics to Consider

- Have loved one's basic home addresses and phone numbers.
- Identify places to meet both near the house and farther away.
- Know how to safely turn off the water, electricity, and gas to your home.
- Keep vehicles in working order and keep gas tanks at least half full—remember if the power fails, gas pumps won't work.
- Stockpile a disaster kit in advance and refresh supplies every 6 months.
- Think of "what if" alternatives to your plan. What is a major roadway is blocked? What if the power is out and the car is low?

## Develop a Communication Plan

- Pick a meeting place where you and your family will reunite if separated.
- Pick a place to go in case of emergency makes it impossible to return home.
- Pick a contact person such as an out of town relative for all family members.
- Keep a list of contact numbers and emergency phone numbers.
- Have family members memorize phone numbers.

## Organize an Emergency Plan



- Create a plan which allows you to get out of your home quickly if necessary.
- Know the safe areas of your home; under sturdy tables, desks, or door frames.
- Know the danger spots; windows, mirrors, hanging objects, and fireplaces.
- Conduct safety drills, practice getting out of the home quickly and safely.
- Stay informed; listen to news and radio warning messages.
- When staying out of town, familiarize yourself with your surroundings.

## Create an Emergency Kit

An Emergency Kit should have supplies to last at least three days.

**Water:** at least three gallons for each person, change every six months and store in an airtight plastic container.

**Food:** store foods that don't need refrigeration or cooking, such as ready to eat canned meats, fruits, vegetables, bottles juice, and protein bars.

**Tools and Supplies:** non-electric can opener, cups, plates, and utensils, flashlights with extra batteries, portable radio with extra batteries, matches, fire extinguisher, pliers, and wrenches, blankets and sleeping bags, extra clothes, cell phone, paper and pencils.

**Hygiene Supplies:** soap, toilet paper and hand towels, toothpaste and toothbrushes, shampoo and deodorant, feminine supplies, comb and brush, disinfectant, chlorine bleach.

**Currency:** Keep a small amount of cash available in a waterproof portable container.

## Create a First Aid Kit

**Bandages:** Sterile bandages and gauze pads of assorted sizes, adhesive tape, elastic bandages.

**Non-prescription Medicines:** aspirin and non-aspirin pain relievers, cough syrup, antihistamine tablets, decongestant tablets, antacid, anti-diarrhea medication, syrups of ipecac (to induce vomiting in case of poison).

**Other Supplies:** thermometer, scissors, alcohol wipes, iodine, antibiotic ointments, disposable gloves, cotton balls.

Consider taking a certified CPR and First Aid Class from your Local American Red Cross Chapter.