

Tips for Parents

A parent or guardian is the best person to teach a child about personal safety. Here are a few suggestions that may help you keep your child safe.

- Make a list with your children help of their neighborhood boundaries, choosing significant landmarks. Make sure they know which homes are off-limits.
- Don't drop off your children alone at malls, movie theaters, or parks.
- Choose babysitters with care. Obtain references from family and friends. Ask your children how they feel about the babysitter, and from time to time drop in unexpectedly.
- Be careful about putting your child's name on the outside of clothing, backpacks, etc. If a child's name is visible, it may put them on a "first name basis" with an abductor.
- Know your children's habits and activities. Talk to them about school, friends, etc. Make sure you're up to date on what's going on in their life.
- Develop a fire/earthquake emergency plan for your home. Make sure your child knows how to react in an emergency.
- Know where your child is at all times.
- And of course, there is no substitution for your attention and supervision.



Mission Statement

The Kern County Sheriff's Office is committed to work in partnership with our community to enhance the safety, security, and quality of life for the residents and visitors of Kern County through professional public safety services.



Helpful Web Sites!

- National Crime Prevention Council
www.ncpc.org
- www.bullyfreekids.com
- www.missingkids.com

To contact the Kern County Sheriff's Department:

Emergency: 9-1-1
Non-Emergency: (661) 861-3110
Non-Emergency Outlying Areas: (800) 861-3110
Sheriff's Report Desk (Bakersfield only): (661) 391-7471

Juvenile Safety



A GUIDE FOR CHILDREN AND PARENTS

This brochure is a publication of the
Kern County Sheriff's Office
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Juvenile Safety

As a society, our efforts to prevent crimes committed against children have not kept pace with the increasing vulnerability of our children. It shouldn't hurt to be a kid! Yet, children continue to be hurt every day. For these children there is no hope unless each one of us realizes that our most important duty is the protection, welfare, and growth of our children.

Basic Safety Rules

- Don't wander off from your parent or guardian. If you do get separated, find a store clerk, employee, or a uniformed officer to help you find your parents.
- Always wear your seatbelt when you're in a car—it can save your life if there's an accident.
- Always ask your parent's permission before going outside, or to a friend's house.
- Always use the "Buddy System" - don't go anywhere by yourself, always take a friend.
- If you see a gun, don't touch it. Leave it alone and tell an adult.



- Never go swimming alone. Always make sure you have a friend and that there's an adult home.

Stranger Danger

- A stranger is someone you don't know—anyone you don't know.
- Strangers don't always look scary or dangerous. Just because someone's nice doesn't mean they aren't dangerous.
- Never go into a home or a vehicle of someone you don't know, unless your parent says it's okay.
- If a stranger asks you to help them find something, or offers to give you something, ignore them and get away as quickly as possible.

Things You Need to Know

It is very important that you know the following information, in case you get lost or hurt.

- Know your full name—first and last.
- Know your home address— the numbers and the street name.
- Know your home phone number.
- Know the full name of your parents or the grown up who takes care of you.
- Know the work or cell phone number for the grown up who takes care of you.
- 9-1-1 is the number you call in an emergency, but only call if it's a real emergency.



School Safety

- Stand on the sidewalk when you're waiting for the bus to come. If you walk to school, walk only on sidewalks and crosswalks.
- Stay out of fights at school. There are plenty of ways to resolve an argument other than fighting.
- If you have a problem or are hurt, you can always ask a teacher, yard duty, or bus driver for help.
- When you get home from school, check in with an adult, so they know you are home.



Kids on the Net

The Internet can be lots of fun and full of great information, but just like anything else, you have to be safe about how you use it.

- Never give out your personal information over the internet. This includes your name, school name, age, address, and phone number.
- Don't open emails or messages that are from someone you don't know, even if they have your name in the subject.
- Don't click on pop-up ads. They might say you could win a prize, but they are really a scam.

